A HAUNTING IN GALT

By Paul Dale Roberts, Halo Paranormal Investigations

Seven years is a long time to live with something you can't explain — especially when your children are the ones seeing it first.

That was the situation Raquel found herself in when she reached out for help. Her home in Elk Grove, California, had become a place of growing fear, where strange activity had slowly escalated over time. By the time she contacted me, her children were frightened to walk into certain areas of the house, and the sense that something unseen was present had become impossible to ignore.

The activity began about seven years earlier. Raquel's children claimed to see entities, and unsettling incidents started to occur throughout the home. She later learned that the previous owners had experimented with a Ouija board — something she believes may have triggered the disturbances.

Four incidents, in particular, pushed her to seek help. In one case, her child reported that while looking into a mirror, his reflection turned its head even though he was standing still. There were also unexplained handprints appearing on a large mirror — placed too high for the children to reach, with no clear explanation from either parent.

A large hallway painting was somehow thrown to the ground. Most troubling of all, one of the children began interacting with an "imaginary friend" that encouraged behavior Raquel described as deeply inappropriate.

Before contacting me, Raquel had already reached out to a paranormal investigation group. The group's leader, Stephanie, believed the home might contain a portal allowing entities to enter. Despite collecting some evidence and performing a group prayer, the activity did not stop. In fact, it appeared to intensify. More handprints were found on mirrors, and at one point, a child's toy was discovered hanging from the dining room ceiling light.

By July 2024, Raquel decided to pursue a Roman Catholic house blessing. While she was not looking for a full investigation, I conducted a brief sweep of the home before the cleansing, taking photos and recording for possible EVPs. During the blessing itself, I experienced a sudden wave of dizziness — something that passed once the ritual was complete. Afterward, the atmosphere in the home felt lighter.

I provided Raquel with three blessed candles and instructions for maintaining a spiritual cleansing routine. From what I observed, nothing suggested a deeply malicious presence — but when children are afraid in their own home, that alone is reason enough to act.◆